

Booster Blocks

Drills, Skills, Stations, & Packages



The Booster Blocks are another great example of Tumbl Trak's "Smart Mat Technology." The Booster Blocks have special Velcro placement along the edges to connect them side-by-side, end-to-end or on top of one another. They are useful as spotting blocks and training stations for beam, tumbling and vaulting. The Booster Blocks make great plyometric/warm up stations and when used with the Orbiter, they help adjust for different heights of athletes.

Versatile!

FUN!

Makes a GREAT training aide!

Stacked on top of each other =
48"L x 18"W x 16"H



Multiple pieces =
Multiple Stations



End-to-end =
96"L x 18"W x 8"H



Product Features:

- Velcro Connectivity
- Firm Foam
- High Quality Materials
- 48" long x 18" wide x 8" high

Tumbl Trak
Do It Again

The Booster Blocks in use...

The Booster Blocks can be used in so many different ways, some of which are demonstrated in these photos. For more stations and information about the Booster Blocks, go to www.tumbltrak.com/training.



With the Orbiter



Give existing stations a boost in height



L-support



Spotting Blocks



Round-off station



Plyometric/warm up station

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↑
more reps
less stress